



## News.....

This newsletter summarises some of the recent event, well done to everyone on eventually finishing the Night Hike, overall the weekend was a great success.

Just a reminder that full Uniform must be worn to Air Activities and Young Leader Sessions. This newsletter has the programme for the rest of the year.

We need you to help plan the night hike. Next session 4th Nov is night hike planning, please bring plenty of ideas!

### In this issue:

- **Programme for 2010**
- **Remembrance Day**
- **Winter camp (Jan 2011)**
- **What we have done so far this year**
- **What is coming up in the future**

## LEADER CONTACTS

Lawrence Chapman–District Explorer Scout Commissioner (DESC)  
01508 548522 [lawrence@familychapman.me.uk](mailto:lawrence@familychapman.me.uk)

Richard Stone–District Explorer Scout Administrator / Assistant Leader  
01502 500903 [explorer.administrator@hotmail.co.uk](mailto:explorer.administrator@hotmail.co.uk)

Ross Richardson–Assistant Leader [ross.richardson@btinternet.com](mailto:ross.richardson@btinternet.com)

David Adams–Assistant Leader [davidj\\_adams@hotmail.com](mailto:davidj_adams@hotmail.com)

## LINKS

[www.theaward.org](http://www.theaward.org) - Find out about the Duke of Edinburgh's Award

[www.scouts.org.uk/explorers](http://www.scouts.org.uk/explorers) - Find out about Badges etc.

[www.scoutshops.com](http://www.scoutshops.com) - The official scout shop

# 2010 Programme

Date	Activity	Time	Description/ Notes	Where	Uni- form
<b>OCTOBER 2010</b>					
Thur, 21	YL + DofE	7-9 pm	Modules C & D	Flat 5, Ashley	Y
Sat, 23	Eiger	Weekend	Canoe Camp Sat 23 - Sun 24 AM	Hommesfield - Bungay	
Sat, 30	YL	Weekend	PL Training Weekend, Help needed	1st CC Air Scouts	Y?
<b>NOVEMBER 2010</b>					
Thur, 4	Eiger	7-9 pm	Night Hike Planning	Flat 5, Ashley	
Thur, 11	Vulcan	8-9:30 pm	Breaking it all down!	1st CC Air Scouts	Y
Sun, 14	ALL	TBA	Remembrance Day Parade	TBA	Y
Thur, 18	Nautilus	7-9 pm	Pool Session	Flat 5, Ashley	Y
Sat, 20	Eiger	TBA	District Cross Country	TBA	
Fri, 26	Eiger	TBA	Night Hike	TBA	
<b>DECEMBER 2010</b>					
Thur, 2	YL + DofE	7-9 pm	Modules E & F	Flat 5, Ashley	Y
Thur, 9	Vulcan	8-9:30 pm	'Get lost?!'	1st CC Air Scouts	Y
Thur, 16	Eiger	TBA	Christmas Meal	TBA	
Sun, 27	COUNTY	TBA	Off Road Biking	Thetford	



## FIND US ON FACEBOOK "Lowestoft Explorer Scout Unit"

Find out about the latest events, news, photos and videos.

## SUBS AND MONEY

Subs is currently £3 a month,  
 -This includes when you are not there.  
 -That means Subs is £36 a year  
 -The easiest way to do this is standing order, Richard will always be happy to help



# Suffolk County Scout Council

Registered Charity number 305682

## County Mountain Activities Team

Event Administrator - Roger S Dann  
55 Birch Drive, Brantham, C011 1TG  
Tel: +44 (0) 1206 395285  
Mobile: +44 (0) 7778 463172  
e-mail: [rogerdann@madasafish.com](mailto:rogerdann@madasafish.com)

Event Leader – Neil Bolger 01379 788593 & 07850 464111

### Walking Weekend in The Peak District National Park based at Glenbrook OAC, Hope Road, Hope Valley, Bamford (Nr Hathersage) S33 0AL Friday February 4<sup>th</sup> (arrival in evening) to Sunday February 6<sup>th</sup> 2011

For those who have experience in summer hill walking and wish to extend their experience into winter walking. Please ensure your outdoor gear is suitable for this time of year

For Leaders, approved Adults, Scout Network and Explorer Scouts (15yrs at January 31<sup>st</sup> 2011). *Leaders with current Permits please indicate your intention to participate in this event asap (if necessary before Unit numbers finalised) so that initial planning of walking groups can take place.*

Cost £30.00 per person

Covers the cost of Centre accommodation for two nights, breakfast Saturday and Sunday and packed lunch and evening meal on Saturday, hot lunch on Sunday and refreshments. **See over**

Transport – Units and Groups to make their own arrangements. Some transport may be available.

Kit – See list overleaf.

**What next!** Fill in the application below and send with a cheque payable to SUFFOLK COUNTY CLIMBING TEAM to Roger Dann as detailed above **as soon as possible** and by no later than January 15th 2011. There will be no refunds after that date for cancellations

If you require any further information please contact Roger - contact details as above.

**In Touch details will be sent to all confirmed applications for inclusion upon Leaders Form NAN**

.....cut here .....

**Please complete both sides of this form. It gives authority for the Event Leader to sign on your behalf any papers needed by the Medical Authorities in case of emergency treatment.**

**ALL PARTICIPANTS MUST COMPLETE BOTH SIDES OF THIS FORM !**

Please reserve one place for me on the Hill Walking Weekend February 2011

I enclose cheque for £ .....

Name:	Scout Group/Unit:
Address:	e-mail address:
Postcode:	Telephone:
National Health Service Number:	Date of Birth:
Date of last Tetanus injection:	Medicines currently being taken:

[am interested in leading/assisting leading a walking group – tick here \(Terrain Zero or Terrain1\)](#)

## Walking Weekend 2011 based at Glenbrook Outdoors Activity Centre.

(Grid reference 192 829 – Explorer OL map 1 Dark Peak / Landranger 110 Sheffield & Huddersfield area)

Kit List: (Please have Group or Unit Scarf available)

Rucsac/bag (including a daysac).

Sleeping bag & pillow case (**pillow supplied by Centre**). Mattresses are provided.

Waterproof outer garments and hiking boots,

Warm sweater, T-shirts or similar, shorts/trousers, spare clothing, underclothes and socks.

Indoor shoes/trainers – please note outdoor shoes/boots not allowed in common areas & dormitories .

Washing kit, towel, swimming trunks/costume and hankies

Personal first aid kit, torch/batteries and whistle.

Mug and tea towel (**PLEASE**). Other crockery & utensils provided at the Centre.

Sandwich box and unbreakable drinks bottle/container. Pencil and small note-book or pad.

Map case and compass.

Leaders should also have their own OS Explorer OL 1 map Dark Peak (formerly Outdoor Leisure.no 1) or Harveys Dark Peak Superwalker - both at 1:25 000 scale. If you wish to walk in the White Peak area you will need OS Explorer OL 24 map White Peak Area.

All activities will be run in accordance with the Scout Association Rules. No responsibility for personal equipment, clothing and effects can be accepted by the Event Organisers and the Scout Association **DOES NOT** provide automatic insurance cover in respect of such items.

We have use of the Centre until 1600hrs on the Sunday and a hot lunch will be available between 1230 & 1400hrs for those who wish to take a group out on the Sunday morning and be able return to the Centre to change and pick up kit before travelling home.

## DATA PROTECTION ACT 1984

To comply with section 33, sub-section 3 the County Mountain Activities Team Secretary requires your agreement to holding your personal data on a computerised data base for the purpose of distributing, or recording the distribution of, articles or information to the data subjects and consisting only of your name, address or other particulars necessary for the effecting the distribution. If you do not agree please put X in the box at the bottom right hand corner of the page. Your details will not be released to any third party.

.....  
Are he/she allergic to anything (eg aspirin antibiotics particular drugs or food?), if so please give details:

Do he/she have any special dietary needs:

Do he/she have any mobility difficulties?

He/she may bathe under careful supervision (delete as necessary)

Name and address of family doctor:

Telephone number .....

During the event (if not at home, ie holiday etc) I / my ..... can be contacted at:

Name:

Telephone number .....

I will inform you if I / my son/daughter has been in contact with any infectious disease within three weeks prior to the event. If it becomes necessary for ..... to receive medical treatment and I cannot be contacted by telephone, or any other means to authorise this, I hereby give my general consent to any necessary medical treatment and authorise the Scouter-In-Charge to the event, to sign any document required by the hospital authorities.

Signature.....Date

Data Protection box

Note: The medical profession takes the view that the parent's/carer's consent to medical treatment cannot be delegated. This view is explicit in the Children's Act 1989. Thus medical consent forms have no legal status and a doctor or nurse insisting on the consent of a parent/care has the right to so. For this reason we do not recommend that Leaders insist on parents/carers signing the statement above. However, it can be a comfort to medical staff to have general consent in advance from parents/carers or to have a Leader on hand able to sign forms required by the medical authorities.

GILLWELL PARK

# WINTERCAMP



Abseiling



Brush-boarding



Dodgems



Laser clay



Quad bikes



Outdoor Quasar



Robot Wars



Archery



Sphering



Climbing



Prussiking



Simulator



Revolving climbing wall



Radio orienteering



Digger challenge



Shooting



Wide games



Pedal go-karts



Crafts



Disco



Campfire



Cinema



High ropes



Zip wire



Medium ropes

7-9 January 2011

**£28**

**+TRAVEL**



General activities

For more information visit:

**WWW.WINTERCAMP.ORG.UK/**

# **REMEMBERANCE DAY PARADE**

**Sunday 14th November 2010**

**Once again this year we have been invited to march on the Royal Plain with the main Parade.**

**We will be joining the parade outside McDonalds at 10:15 AM and ending back there shortly after the ceremony.**

**Please remember to wear full, smart uniforms, but remember it is very likely to be cold so wear warm clothes underneath. If the weather looks bad please bring a smart waterproof coat.**

**We hope to see as many Explorers here as possible. Please let Richard or Lawrence know whether you plan to attend.**

SUFFOLK COUNTY

# EXPLORER BELT

POLAND 2012

**BEST  
TREK  
EVER**

**NOW  
UNDER  
£800**

The **Explorer Belt** is a challenge of epic proportions allowing **Explorers** and **Network** to venture off into another country surviving, travelling and sampling the culture and scenery. This is the chance of a lifetime for all Explorers and Network in the county. We have begun to plan a **14-day** Explorer Belt in **Poland** and we now need your help. We are looking for **Explorers**, **Network** and **leaders** to become part of the core **planning team** in the development of this Explorer Belt. We are also looking for Explorers and Network who would like to **participate** in the event that shouldn't be missed. Please email **Niall** with your name, group and section and whether you're looking to plan and/or participate in this fantastic event. Contact [explorerbelt.poland2012@gmail.com](mailto:explorerbelt.poland2012@gmail.com)

**Want to know more? Come to our launch event at 19.45 on November 4th at Hallowtree.**

# WHAT EVENTS HAVE WE DONE THIS YEAR?



**SWEDEN BY ANY MEANS**



**2 FLYING DAYS**



**REUNION CAMP**



**SAILING COURSE**



**SSS NIGHT HIKE**



**HMS DAUNTLESS**



**SSS THORPE WOODLANDS KAYAK/CANOE 2 STAR COURSE AND EVEN MORE**

# What **EVENTS** could we do In the future?

## **DISTRICT CROSS COUNTRY**

-DISTRICT CROSS COUNTRY WILL BE ON

SATURDAY 20TH NOVEMBER

-IF YOU ARE INTERESTED SPEAK TO LAWRENCE

## **EVENTS**

WINTERCAMP - (SEE PAGE 5)

REMEMBRANCE DAY PARADE (SEE PAGE 7)

COUNTY HILL WALKING WEEKEND (PAGES 3+ 4)

EXPLORER BELT-POLAND 2012

CHRISTMAS MEAL (MORE INFO SOON)

SSS EVENTS

REUNION CAMP

# **IDEAS FOR NEXT YEARS PROGRAMME?**

**JOIN THE DEBATE ON OUR FACEBOOK PAGE!**